



What is Orofacial Myology?

Orofacial Myology is the therapy for proper orofacial muscle function in relation to dental and speech development. Orofacial Myology uses positive behaviour modification to eliminate habits which can create negative dental and facial growth patterns.

An Orofacial Myologist is trained to meet the challenges that this presents. We treat the underlying cause with non-invasive therapy and without prescription drugs, using a successful exercise and behaviour modification program.

We can help with:

Thumb/finger/tongue sucking
Tongue Thrust
Speech
Nail biting
Drooling
Mouth breathing
Trichotillomania (hair pulling)
Jaw pain
TMJD
Clenching
Tongue Tie
Snoring
Mild sleep apnoea
Open bite
Crossbite
Body posture
Challenges associated with Stroke
Challenges associated with Down Syndrome

With Myofunctional therapy, a patient can regain the joy of eating, speaking, breathing and even sleeping more soundly. Cosmetic improvements can help restore confidence and self-esteem.

We offer SKYPE APPOINTMENTS!
No matter where you are in the world, we can be there too!

Call or email for more information.

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